



Donor Report (April 2018 - March 2019)
FY 2018

The Heart Fund is a sub-fund of NUHS Fund Limited, for the purpose of assisting heart patients in need of financial aid and supporting continuous medical research and education programmes in the field of cardiovascular diseases.

NUHS Fund Limited is a Company Limited by Guarantee (CLG) and a registered charity with IPC status. The charity was set up to promote medical research and development as well as provide health related services for the benefit of the Singapore Community. A key objective is to address unmet gaps not covered by existing government and community assistance schemes and to assist patients who are determined to be in need of financial assistance with the costs of medical treatments, including the costs of the recovery process.

NUHS Development Office & The Heart Fund | 18 February 2019

NUHS
National University
Health System

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OVER THE PAST 12 MONTHS



44 PATIENTS
were assisted



62 applications approved

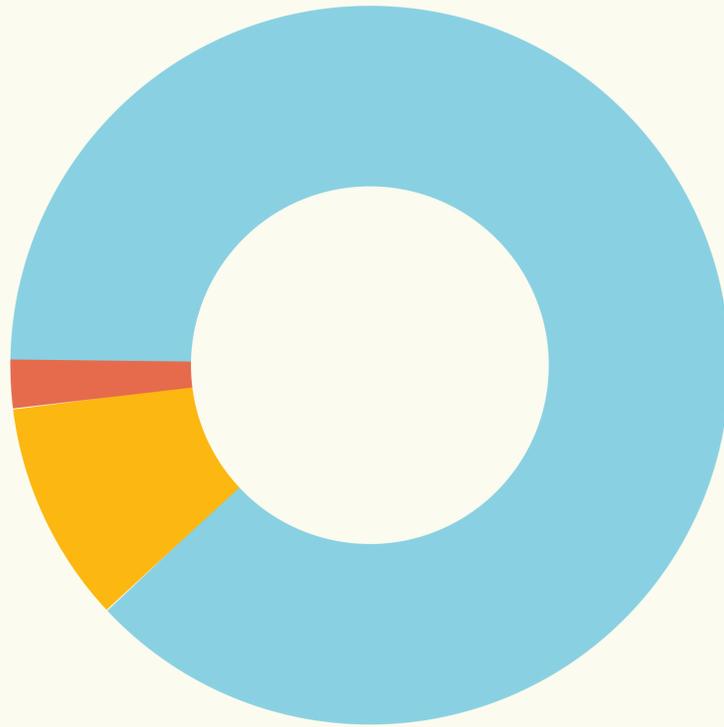


12 patients had more than one application approved

Majority of the charts in this report are based on application data

BY CITIZENSHIP

For Singaporeans who have access to Medifund, support is provided for areas excluded by Medifund.

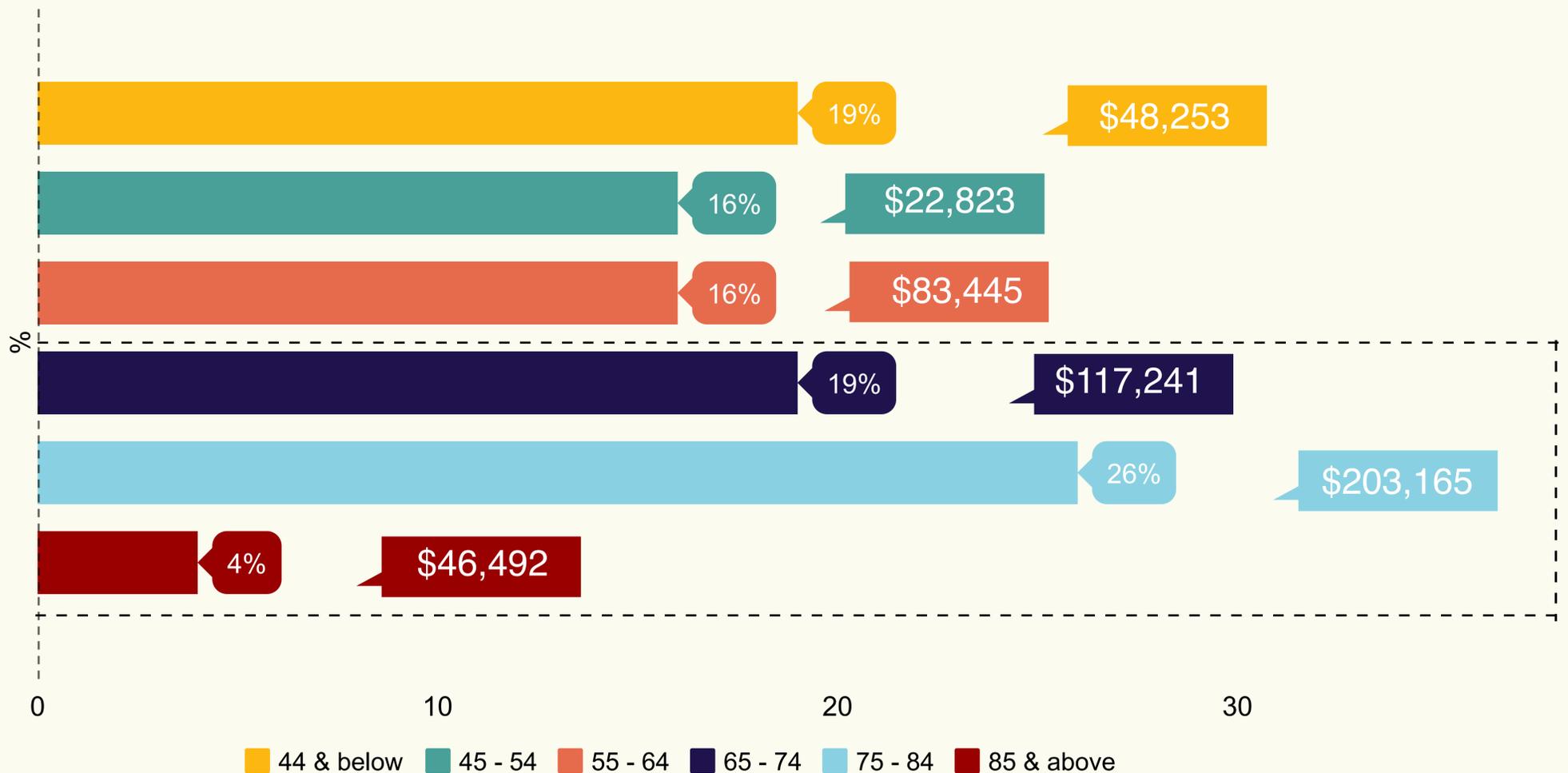


■ Singapore Citizen (88%) ■ Permanent Resident (10%) ■ Resident Foreigner (2%)

Resident Foreigners have spent a "reasonable" time in Singapore (working, schooling or supporting family who are Permanent Residents).

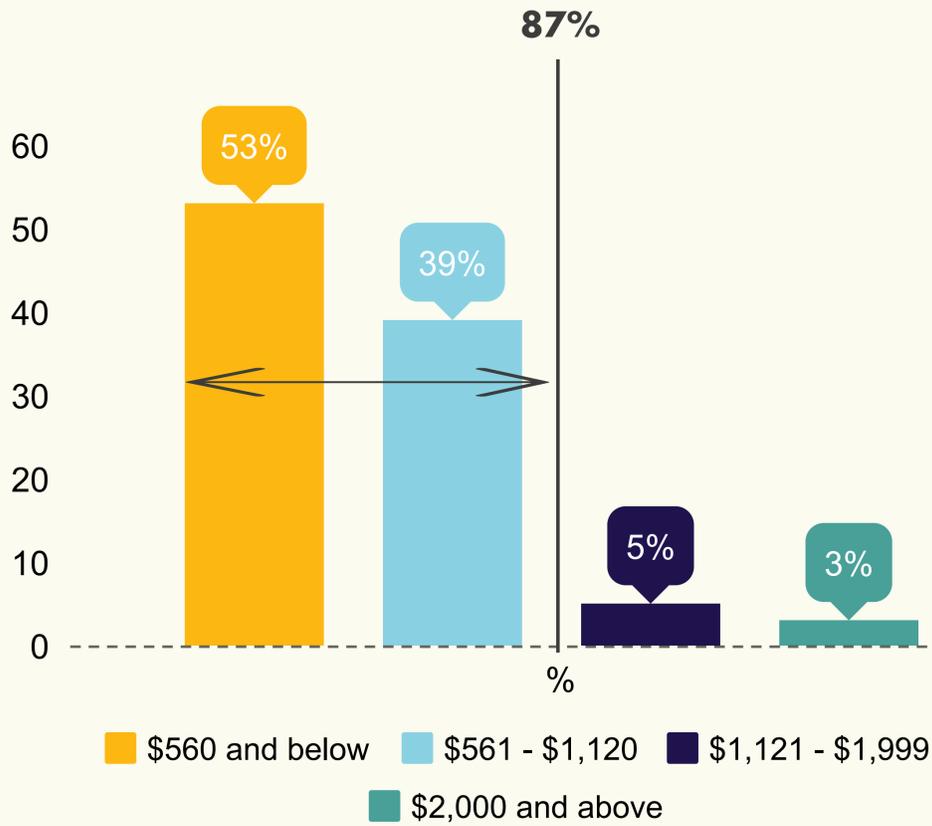
BY AGE GROUP

The elderly comprises of the largest segment (by dollar amount) supported by the Fund, reflecting our aging population and increasing costs of healthcare.



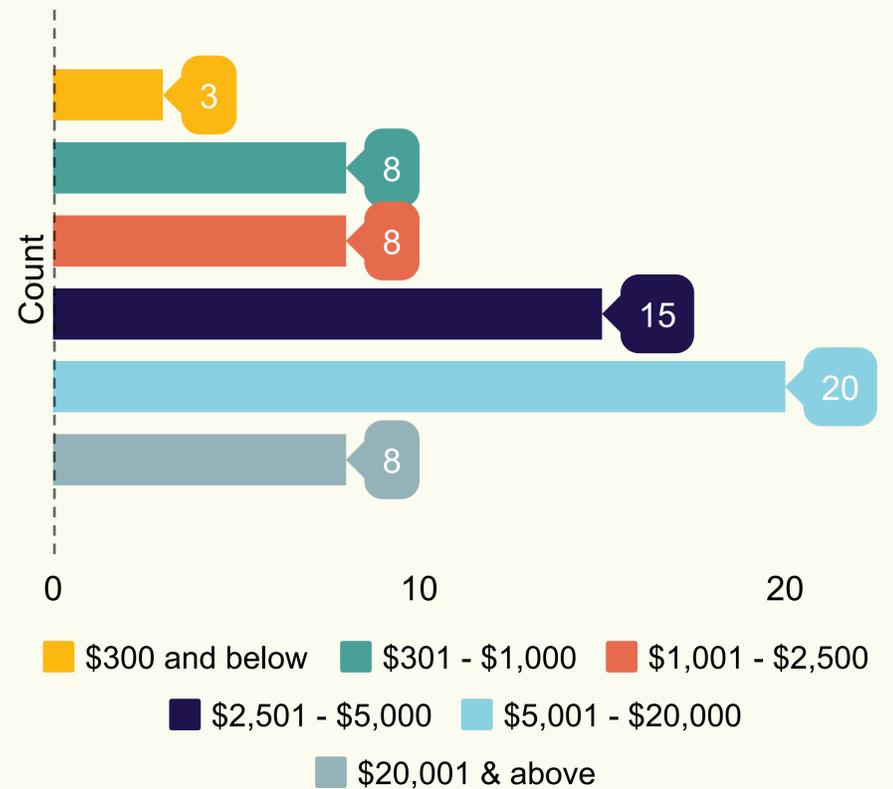
BY PER CAPITA INCOME

87% of our applications belong to the lowest 30% of our community by Household Income (Department of Statistics), Year 2013.



BY FUNDING AMOUNT

Funding support provided is crucial to our beneficiaries as their medical expenses exceed their Per Capita Income.



Financial Assessment is performed by Medical Social Worker based on Medifund criteria.

HEART SURVIVOR RUNS TO RAISE FUNDS

GIVE TO HEART PATIENTS NOW!



As a heart attack survivor, Renee understands the toll that heart disease takes on the body and mind; as well as the financial strain on families who are unable to manage the cost of treatment.

Eager to raise awareness about cardiovascular disease and support patients who need help with the costs of treatment, Renee and her daughter, Jade, took part in the 2018 Standard Chartered Marathon (SCM) under the Heart Fund's Keep The Beat campaign.

Over the course of two months, Renee juggled post-recovery review sessions with training sessions to prepare her for the run. Her tenacity and commitment paid off with Renee and Jade not only completing the run (with medals to prove it!), but also raising a total of \$1,850 to support heart patients in financial need.

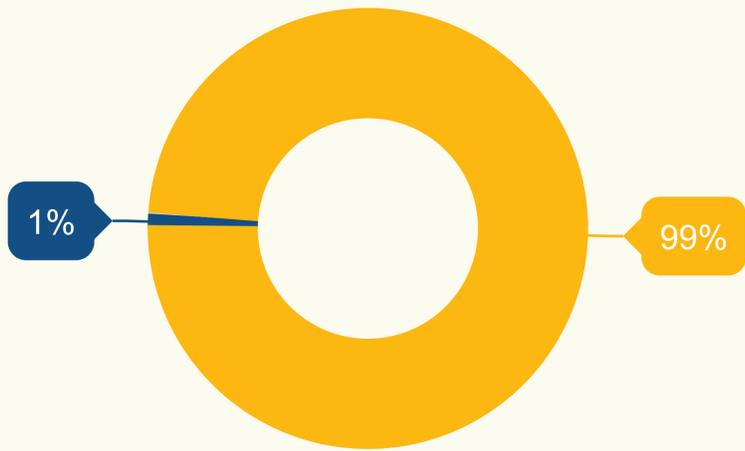


Scan the QR code or click on the link to give to Heart patients in need of financial aid.

<https://www.giving.sg/nuhs-fund-limited/NUHCSHeartFund>

Please contact our Development representatives at nuhsfund@nuhs.edu.sg if you or your company would like to volunteer or have ideas for meaningful fundraising initiatives and we will be in touch with you shortly.

YOUR GIFT HAS GONE TOWARDS



■ Medical Education / Research (1%) ■ Needy Patients (99%)

♥ Financial assistance when other avenues of financial support are not available or insufficient for costly procedures and long term medical treatment.

♥ Better patient care due to continuous research and upgrading of skills by our Heart Centre professionals.

SINGAPORE HEART FACTS



1 OUT OF 3
deaths is caused by heart diseases or stroke



Cardiovascular disease accounted for **30.1%** of all deaths in 2017

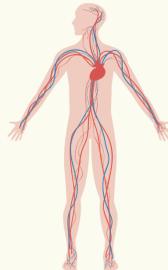


17 PEOPLE
die from cardiovascular disease (heart disease and stroke) every day

DIABETES AND THE HEART



Diabetic patients are **2 to 4 TIMES** more likely to suffer a heart attack than those without



High blood glucose in people with diabetes builds up fatty deposits that affects blood flow in vessels, causing heart diseases



Smoking **DOUBLES THE RISK** of heart disease in people with diabetes

MAINTAIN A HEALTHY HEART!



Exercising lowers blood pressure and reduces strain on the heart. It increases levels of good cholesterol to help transport fats away from the heart arteries.



Have 2 portions of fruits and 2 portions of vegetables daily



Have regular health screening